



Monday	Tuesday	Wednesday	Thursday	Friday
			1 Meat Loaf w/Gravy Mashed Potatoes Carrots/Peas Wheat Bread Choc. Chip Cookie Mix Fruit	2 Egg Salad Sandwich Potato Salad Lettuce/Tomato Slice Tropical Fruit Wheat Bread
5 CLOSED LABOR DAY 	6 Sloppy Joes Baked Beans Broccoli Slaw Wheat Bun Mix Fruit	7 Mac and Cheese Peas/Carrots Garden Salad Wheat Bread Pineapple up side down cake	8 Roast Beef w/Gravy Mashed Potatoes Seasoned Broccoli Wheat Roll Apple Crisp	9 Chef Salad w/Ham, Chicken Carrot/Pineapple Salad Wheat Crackers Fig Newton Pears
12 Herb Roasted Chicken Peas /Carrots Garden Salad Wheat Bread Ambrosia	13 Baked Ham Potato Salad Baked Beans Wheat Roll Cherry Cobbler	14 Pepper Steak Broccoli/Cauliflower Mixed Veggies Brown Rice Wheat Roll Pears	15 Spaghetti w/Meat Sauce Spinach Salad Peas/Carrots Garlic Bread Strawberry Shortcake	16 BBQ Pork 3 Bean Salad Potato Salad Apricots Wheat Bun
19 Swedish Meatballs Parsley Noodles Carrots Seasoned Spinach Wheat Roll Mandarin Oranges	20 Fish Fillet Broccoli/Cheese Sauce Coleslaw Rice Pilaf Wheat Bread Mix Fruit	21 Turkey Sandwich Glazed Yams Green Beans Wheat Bread Applesauce	22 Oven Fried Chicken Mix Veggies Oven Roasted Potatoes Wheat Bread Tropical Fruit	23 Chef Salad w/Ham Turkey and Cheese Carrot/Pineapple Salad Wheat Crackers Fig Newton Pears
26 Baked Chicken Baked Beans Garden Salad Wheat Bread Ambrosia	27 Mac and Cheese Spinach Salad Green Beans Wheat Bread Apple Pie	28 Fish Fillet Oven Roasted Potatoes Seasoned Spinach Wheat Roll Mandarin Oranges	29 MEAT LOAF MASHED POTATO BROC/CAULI BANANA PUDDIN WHEAT BREAD	
			30 Tuna Salad Sandwich Lettuce/Tomato Carrot/Raisin Salad Spice Apples	

September 2016

GLOBE ACTIVE ADULT CENTER

579 s. BROAD ST

GLOBE AZ 85501

(928) 425-9030

AVAILABLE SERVICES

Benefits Assistance —

Mondays, Wednesdays, & Fridays.
9:00am to 12 noon

Legal AID Monday 12th,10:30 am

Alzheimer's Support Group

Wednesday 14th, 2:15 to 1:45pm

Transportation Van is available for pick up
to the Center starting at 8:00 am daily.

Suggested contribution for the meal is
\$2.50 for those 60+. Registration is re-
quired. Lunch is served at 11:45am.

GAAC does not discriminate regardless of
race, color, national origin, sex , age or disa-
bility

**Lunches for those -60 are \$5. Please make your
reservations in advance!**

Funding is provided by OOA, DES, Pinal-Gila Coun-
cil for Seniors, Gila County and the City of Globe.